

# Developmental Milestones: Physical/Gross Motor

*Child begins to crawl and/or walk upstairs with adult supervision*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Body strength and control
- Self-confidence
- Spatial awareness
- Balance
- Determination

# Developmental Milestones: Physical/Gross Motor

*Child sits on a "ride-on" toy and moves it back and forth*

**These observations involve the following developmental skills:**

- Spatial awareness
- Body strength and control
- Gross motor movement/coordination
- Self-confidence
- Thinking, reasoning, and problem-solving
- Curiosity and wonder

# Developmental Milestones: Physical/Gross Motor

*Child crawls into, around, or over obstacles*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Body strength and control
- Self-confidence
- Spatial awareness
- Thinking, reasoning, and problem-solving
- Curiosity and determination

# Developmental Milestones: Physical/Gross Motor

*Child pushes and pulls objects*

**These observations involve the following developmental skills:**

- Spatial awareness
- Hand dexterity and strength
- Thinking, reasoning, and problem-solving
- Gross motor movements and coordination
- Curiosity and wonder

# Developmental Milestones: Physical/Gross Motor

*Child walks while hands are held or holding to furniture*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Balance
- Body strength and control
- Self-confidence
- Thinking, reasoning, and problem-solving
- Curiosity and determination

# Developmental Milestones: Physical/Gross Motor

*Child walks forward without support, may fall*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Balance
- Body strength and control
- Self-awareness
- Thinking, reasoning, and problem-solving
- Self-confidence
- Curiosity and determination

# Developmental Milestones: Physical/Gross Motor

*Child walks on their own and with increasing speed*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Balance
- Body strength and control
- Self-confidence
- Curiosity and determination

# Developmental Milestones: Physical/Gross Motor

*Child carries a large object*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Body strength and control
- Self-confidence
- Spatial awareness
- Balance and dexterity

# Developmental Milestones: Physical/Gross Motor

*Child squats down and stands back up without support*

**These observations involve the following developmental skills:**

- Gross motor coordination
- Body strength and control
- Self-confidence
- Spatial awareness
- Balance