

# Developmental Milestones: Cognitive/Exploration & Discovery

## *Child searches for hidden object*

**These observations involve the following developmental skills:**

- Attention span and focus
- Visual discrimination
- Developing understanding of object permanence
- Thinking, reasoning, and problem-solving
- Self-confidence

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child enjoys taking objects out of containers and putting them back in*

**These observations involve the following developmental skills:**

- Spatial perception
- Thinking, reasoning, and problem-solving
- Fine motor skills
- Self-confidence
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child uses objects or utensils to bang on table and make noise*

**These observations involve the following developmental skills:**

- Auditory discrimination
- Imagination/Pretending
- Abstract thinking
- Expression of emotions
- Spatial awareness
- Gross motor movements
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child enjoys playing with objects that make sounds*

**These observations involve the following developmental skills:**

- Self-awareness
- Auditory development and discrimination
- Listening and observation skills
- Self-confidence
- Fine motor skills
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child closes doors*

**These observations involve the following developmental skills:**

- Self-awareness
- Spatial perception
- Fine motor control
- Gross motor coordination
- Self-confidence
- Curiosity and problem-solving

# Developmental Milestones: Cognitive/Exploration & Discovery

## *Child finds hidden object*

**These observations involve the following developmental skills:**

- Alertness/awareness
- Visual discrimination
- Understanding of object permanence
- Self-confidence
- Thinking, reasoning, and problem-solving
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child looks to see where objects went when they are dropped*

**These observations involve the following developmental skills:**

- Alertness/awareness
- Visual discrimination
- Developing understanding of object permanence
- Thinking, reasoning, and problem-solving
- Self-confidence
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child experiments pushing buttons on toys*

**These observations involve the following developmental skills:**

- Self-awareness
- Spatial perception
- Thinking, reasoning, and problem-solving
- Fine motor skills
- Self-confidence
- Curiosity and wonder
- Beginning to understand cause and effect

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child asks, gestures, or signs to be picked up to reach something*

**These observations involve the following developmental skills:**

- Auditory/visual processing
- Thinking, reasoning, and problem-solving
- Language & communication skills
- Self-confidence
- Expressive language development
- Developing self-help skills

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child attempts to nest three or four cups of different sizes*

**These observations involve the following developmental skills:**

- Spatial awareness
- Visual discrimination
- Hand dexterity and strength
- Self-confidence
- Problem-solving skills
- Eye-hand coordination
- Categorizing

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child looks closely at small objects*

**These observations involve the following developmental skills:**

- Awareness/sustained focus
- Visual interest and discrimination
- Curiosity and wonder
- Thinking, reasoning, and problem-solving
- Concentration

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child uses toy versions of real objects appropriately*

**These observations involve the following developmental skills:**

- Imitation of real life experience
- Imagination/pretending
- Creative problem-solving
- Abstract thinking
- Self-confidence
- Observation skills

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child is beginning to respond to music*

**These observations involve the following developmental skills:**

- Auditory discrimination and memory
- Receptive language
- Alertness and focus
- Self-confidence
- Curiosity and wonder