

Developmental Milestones: Emotional

Child shows attachment to a significant adult (caregiver)

These observations involve the following developmental skills:

- Emotional & social responsiveness
- Self-confidence
- Distinguishing voice tones and emotional cues
- Demonstrating a sense of trust

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Developmental Milestones: Emotional

Child may show signs of stranger anxiety

These observations involve the following developmental skills:

- Beginning intrapersonal thinking
- Trust building
- Memory recall
- Thinking; reasoning
- Awareness

Developmental Milestones: Emotional

Child enjoys praise and clapping to celebrate accomplishments

These observations involve the following developmental skills:

- Self-awareness
- Self-confidence
- Trust
- Emotional & social responsiveness

Developmental Milestones: Emotional

Child begins to express a variety of emotions

These observations involve the following developmental skills:

- Self-awareness
- Emotional self-regulation
- Self-confidence
- Thinking; reasoning
- Beginning of expressive language

Developmental Milestones: Emotional

Child tries different ways to calm them self

These observations involve the following developmental skills:

- Self-awareness
- Emotional self-regulation
- Self-help skills
- Sensory awareness
- Self-confidence

Developmental Milestones: Emotional

Child makes choices by using verbal and/or non-verbal communication

These observations involve the following developmental skills:

- Self-awareness
- Self-confidence
- Thinking, reasoning, & problem-solving
- Visual/auditory discrimination
- Language and communication

Developmental Milestones: Emotional

Child begins to recognize personal belongings

These observations involve the following developmental skills:

- Self-awareness
- Visual discrimination
- Attachment to belongings (ownership)
- Thinking, reasoning, and problem-solving

Developmental Milestones: Emotional

Child intentionally selects objects to play with

These observations involve the following developmental skills:

- Curiosity and exploration
- Self-regulation
- Memory recall
- Thinking; reasoning
- Self-awareness

Developmental Milestones: Emotional

Child shows interest in dressing and undressing themselves

These observations involve the following developmental skills:

- Curiosity and exploration
- Self-awareness
- Thinking, reasoning, and problem-solving
- Fine motor skills
- Self-confidence

Developmental Milestones: Emotional

Child enjoys making faces at themselves in mirror

These observations involve the following developmental skills:

- Self-awareness
- Visual discrimination
- Body awareness
- Self-confidence
- Curiosity and exploration
- Memory recall

Developmental Milestones: Emotional

Child begins pointing to and may name some body parts

These observations involve the following developmental skills:

- Self-awareness
- Self-confidence
- Visual discrimination
- Memory recall
- Language and vocabulary

Developmental Milestones: Emotional

Child accepts adult help in calming/comfort

These observations involve the following developmental skills:

- Self-awareness
- Emotional regulation
- Self-confidence
- Emotional & social responsiveness