

Developmental Milestones: Cognitive/Health Education

Child is knowledgeable about information and factors that influence health

These observations involve the following developmental skills:

- Language & communication
- Makes and draws healthy conclusions
- Vocabulary
- Self-awareness
- Self-confidence

Developmental Milestones: Cognitive/Health Education

Child understands and recognizes healthy behaviors

These observations involve the following developmental skills:

- Language & communication
- Vocabulary
- Self-awareness
- Self-confidence