

Developmental Milestones: Emotional

Child expresses feelings using words, facial expressions, and/or body language

These observations involve the following developmental skills:

- Recognizing similarities and differences
- Expressive language
- Emotional vocabulary
- Beginning intrapersonal thinking
- Self-confidence

Developmental Milestones: Emotional

Child copes with new experiences; willingness to try new things

These observations involve the following developmental skills:

- Self-awareness; identity
- Problem solving
- Self-help
- Self-confidence
- Appropriate risk-taking

Developmental Milestones: Emotional

Child displays increasing attention span

These observations involve the following developmental skills:

- Self-awareness; identity
- Ability to focus on task; concentration
- Receptive language
- Follows directions
- Pays attention

Developmental Milestones: Emotional

Child shows persistence in completing a task

These observations involve the following developmental skills:

- Self-awareness; identity
- Ability to focus on task; concentration
- Completes a task
- Follows directions
- Pays attention

Developmental Milestones: Emotional

Child uses self-help skills when eating and drinking

These observations involve the following developmental skills:

- Self-awareness; identity
- Problem-solving
- Ability to focus and concentrate
- Self-help skills
- Fine and gross motor control

Developmental Milestones: Emotional

Child can take care of bathroom needs

These observations involve the following developmental skills:

- Self-awareness
- Body-awareness
- Self-confidence
- Trust
- Self-help skills; self-care
- Fine motor dexterity

Developmental Milestones: Emotional

Child participates in good health practices

These observations involve the following developmental skills:

- Self-awareness
- Thinking, reasoning, and problem-solving
- Self-care; self-help skills
- Memory recall
- Self-confidence

Developmental Milestones: Emotional

Child chooses and returns manipulatives independently

These observations involve the following developmental skills:

- Self-awareness
- Decision making
- Self-confidence
- Self-help skills

Developmental Milestones: Emotional

Child begins to use problem-solving strategies with or without adult help

These observations involve the following developmental skills:

- Beginning to show initiative in independent situations
- Self-confidence
- Thinking, reasoning, and problem-solving
- Self-awareness
- Ability to focus and concentrate
- Self-help skills
- Beginning to resolve conflict through identifying feelings

Developmental Milestones: Emotional

Child is able to change behaviors for different surroundings

These observations involve the following developmental skills:

- Self-awareness; identity
- Thinking, reasoning, & problem-solving
- Self-help skills
- Copes well with new experiences
- Ability to adjust
- Self-confidence

Developmental Milestones: Emotional

Child is able to describe picture of self with prompts

These observations involve the following developmental skills:

- Language & communication
- Self-confidence
- Recall of personal information
- Body-awareness
- Self-awareness