

Developmental Milestones: Cognitive/Exploration & Discovery

Child picks up rocks, sticks, or other objects when outdoors

These observations involve the following developmental skills:

- Fine motor coordination
- Body strength
- Self-confidence
- Spatial awareness
- Curiosity
- Problem-solving

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Child notices, points at, or talks about animals or insects

These observations involve the following developmental skills:

- Self-confidence
- Curiosity
- Self-awareness
- Observation skills
- Visual discrimination

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Child pours, scoops, and explores sand and water

These observations involve the following developmental skills:

- Alertness
- Visual discrimination
- Developing understanding of object performance
- Problem-solving
- Cause and effect
- Sensory

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Child pushes and pulls riding toys in order to make them move

These observations involve the following developmental skills:

- Spatial awareness
- Body strength
- Coordination
- Gross motor movements
- Self-confidence
- Thinking, reasoning, & problem-solving
- Cause and effect

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Child scribbles with more control

These observations involve the following developmental skills:

- Eye-hand coordination
- Spatial awareness
- Fine motor strength/control
- Interest in writing
- Self-confidence

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Child identifies between a large and small object

These observations involve the following developmental skills:

- Thinking, reasoning, & problem-solving
- Size discrimination
- Visual discrimination
- Concentration
- Self-confidence

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Child tries different ways to grip crayons or paintbrushes

These observations involve the following developmental skills:

- Eye-hand coordination
- Spatial awareness
- Hand strength/fine motor control
- Self-confidence
- Interest in drawing/painting

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Child begins to imitate adult actions

These observations involve the following developmental skills:

- Self-awareness
- Consistent focus/attention span
- Self-confidence
- Thinking; reasoning

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Child experiments with new toys to see how they work

These observations involve the following developmental skills:

- Thinking, reasoning, and problem-solving
- Self-help skills
- Self-confidence
- Curiosity
- Concentration
- Cause and effect

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Child begins to recognize basic colors

These observations involve the following developmental areas:

- Self-awareness
- Self-confidence
- Thinking, reasoning, and problem-solving
- Memory
- Visual discrimination

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Child initiates problem-solving to reach an object

These observations involve the following developmental skills:

- Spatial awareness
- Self-awareness
- Gross motor movements
- Fine motor control
- Body strength
- Thinking, reasoning & problem-solving
- Curiosity

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Child engages in imitation play using real objects

These observations involve the following developmental skills:

- Imitation of real life experiences
- Imagination; pretending
- Creative problem-solving
- Vocabulary development
- Abstract thinking

Developmental Milestones: Cognitive/Exploration & Discovery

Child can place objects into a container

These observations involve the following developmental skills:

- Spatial awareness
- Hand dexterity and strength
- Thinking, reasoning, and problem-solving
- Concentration