

Developmental Milestones: Emotional

Child brings a familiar toy or blanket during transitions

These observations involve the following developmental skills:

- Self-awareness
- Emotional & social responsiveness
- Expression of emotions
- Attachment; trust

Developmental Milestones: Emotional

Child shows attachment to significant adults

These observations involve the following developmental skills:

- Emotional & social responsiveness
- Self-confidence
- Distinguishing voice tones and emotional cues
- Demonstrating a sense of trust

Developmental Milestones: Emotional

Child begins to show comfort in familiar settings

These observations involve the following developmental skills:

- Emotional & social responsiveness
- Expression of emotions
- Attachment; trust
- Self-confidence

Developmental Milestones: Emotional

Child successfully separates from family members

These observations involve the following developmental skills:

- Emotional & social responsiveness
- Self-confidence
- Demonstrating a sense of trust

Developmental Milestones: Emotional

Child begins to express feelings and wants with or without words

These observations involve the following developmental skills:

- Self-awareness
- Self-confidence
- Auditory awareness
- Emotional self-regulation

Developmental Milestones: Emotional

Child uses the word "no" to express themselves

These observations involve the following developmental skills:

- Self-awareness
- Emotional and social self-regulation
- Self-confidence
- Inserting independence
- Thinking; reasoning

Developmental Milestones: Emotional

Child begins to show interest in being independent

These observations involve the following developmental skills:

- Curiosity and exploration
- Self-regulation
- Self-awareness
- Self-confidence
- Developing independence

Developmental Milestones: Emotional

Child reaffirms reflection in mirror

These observations involve the following developmental skills:

- Self-awareness
- Self-confidence
- Visual discrimination

Developmental Milestones: Emotional

Child is beginning to express opinions on food choices

These observations involve the following developmental skills:

- Self-awareness
- Visual awareness
- Self-confidence
- Inserting independence
- Thinking; reasoning

Developmental Milestones: Emotional

Child shows pride in own accomplishments

These observations involve the following developmental skills:

- Decision making; problem-solving
- Self-awareness and confidence
- Establishing independence
- Emotional & social responsiveness

Developmental Milestones: Emotional

Child indicates when wet or has soiled pants

These observations involve the following developmental skills:

- Self-awareness
- Self-confidence
- Self-care
- Body awareness
- Problem-solving
- Thinking; reasoning

Developmental Milestones: Emotional

Child begins to participate in self-help activities

These observations involve the following developmental skills:

- Self-awareness
- Thinking, reasoning, and problem-solving
- Ability to focus and concentrate
- Self-help skills
- Self-care
- Self-confidence

Developmental Milestones: Emotional

Child recovers from emotional outbursts with adult support

These observations involve the following developmental skills:

- Self-awareness
- Emotional self-regulation
- Trust; comfort
- Self-help skills
- Self-confidence
- Problem-solving

Developmental Milestones: Emotional

Child initiates separation from significant adults during play

These observations involve the following developmental skills:

- Emotional & social responsiveness
- Self-confidence
- Trust