

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child reaches out to touch objects*

**These observations involve the following developmental skills:**

- Spatial awareness
- Self-awareness
- Gross motor movements
- Thinking, reasoning, and problem-solving
- Fine motor movements
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child copies familiar adults' actions*

**These observations involve the following developmental skills:**

- Self-awareness
- Visual discrimination
- Consistent focus/attention span
- Self-confidence
- Emotional & social responsiveness
- Memory recall

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child puts objects in their mouth to touch and taste*

**These observations involve the following developmental skills:**

- Spatial awareness
- Gross motor movements
- Fine motor movements
- Sensory awareness
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child explores environment with senses*

**These observations involve the following developmental skills:**

- Spatial awareness
- Gross motor movements
- Fine motor movements
- Curiosity and wonder
- Thinking, reasoning, and problem-solving

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child imitates adults playing with a toy*

**These observations involve the following developmental skills:**

- Self-awareness
- Visual discrimination
- Consistent focus/attention span
- Self-confidence
- Emotional & social responsiveness
- Memory recall

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child looks for object that is moved out of sight*

**These observations involve the following developmental skills:**

- Alertness
- Self-confidence
- Visual discrimination
- Developing understanding of object permanence
- Thinking, reasoning, and problem-solving
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child shows interest in manipulating toys and objects*

**These observations involve the following developmental skills:**

- Self-awareness
- Fine motor control
- Self-confidence
- Thinking, reasoning, and problem-solving
- Curiosity and wonder
- Sustained focus

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child experiments with cause & effect*

**These observations involve the following developmental skills:**

- Spatial awareness
- Gross motor movements
- Self-confidence
- Curiosity and wonder
- Fine motor movements
- Thinking, reasoning, and problem-solving

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child begins to anticipate events and understand daily routines*

**These observations involve the following developmental skills:**

- Self-awareness
- Sense of community
- Developing school language
- Memory recall
- Interpersonal communication
- Beginning to learn concept of time within daily routine

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child turns head when a new person enters the room*

**These observations involve the following developmental skills:**

- Alertness
- Visual and auditory discrimination
- Problem-solving
- Ability to track
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child explores own hands and feet*

**These observations involve the following developmental skills:**

- Spatial awareness
- Self-awareness
- Gross motor movements
- Thinking, reasoning, and problem-solving
- Fine motor movements
- Curiosity and wonder

# Developmental Milestones: Cognitive/Exploration & Discovery

*Child's eyes and head follow side to side motion of an object (child lying on back)*

**These observations involve the following developmental skills:**

- Alertness
- Visual discrimination
- Developing understanding of object permanence
- Problem-solving
- Ability to track