

Developmental Milestones: Physical/Gross Motor

Child swipes at objects; reaches

These observations involve the following developmental skills:

- Spatial awareness
- Self-confidence
- Eye-hand coordination
- Hand dexterity
- Self-help skills

Developmental Milestones: Physical/Gross Motor

Child brings hands to midline while on back

These observations involve the following developmental skills:

- Spatial awareness
- Eye-hand coordination
- Hand dexterity
- Gross motor control
- Self-confidence

Developmental Milestones: Physical/Gross Motor

Child turns head from side to side

These observations involve the following developmental skills:

- Gross motor control
- Self-confidence
- Spatial awareness
- Body Strength
- Curiosity

Developmental Milestones: Physical/Gross Motor

Child brings hands to mouth

These observations involve the following developmental skills:

- Spatial awareness
- Eye-hand coordination
- Self-confidence
- Hand dexterity
- Self-help skills

Developmental Milestones: Physical/Gross Motor

Child props up on forearms

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Self-confidence
- Spatial awareness
- Core strength

Developmental Milestones: Physical/Gross Motor

Child rolls from stomach to side

These observations involve the following developmental skills:

- Gross motor coordination
- Body and core strength
- Self-confidence
- Spatial awareness

Developmental Milestones: Physical/Gross Motor

Child rolls from stomach to back

These observations involve the following developmental skills:

- Gross motor coordination
- Body and core strength
- Self-confidence
- Spatial awareness

Developmental Milestones: Physical/Gross Motor

Child rolls from back to stomach

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Self-confidence
- Spatial awareness
- Core strength and control

Developmental Milestones: Physical/Gross Motor

Child rolls or attempts to move toward a toy

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Self-confidence
- Spatial awareness
- Self-awareness
- Thinking, reasoning, and problem-solving

Developmental Milestones: Physical/Gross Motor

Child brings feet to mouth easily while lying on back

These observations involve the following developmental skills:

- Eye-hand coordination
- Spatial awareness
- Gross motor coordination
- Self-confidence

Developmental Milestones: Physical/Gross Motor

Child shakes and wiggles arms and legs

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Self-awareness
- Spatial awareness
- Self-confidence

Developmental Milestones: Physical/Gross Motor

Child pushes down legs when feet are placed on a firm surface

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Self-confidence
- Spatial awareness
- Core strength

Developmental Milestones: Physical/Gross Motor

Child can sit up without support

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Self-confidence
- Spatial awareness
- Balance and core strength

Developmental Milestones: Physical/Gross Motor

Child sits up and maintains balance while playing with a toy

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength; control
- Balance and core strength
- Self-confidence
- Spatial awareness
- Fine motor dexterity

Developmental Milestones: Physical/Gross Motor

Child can move self around environment: pivots on stomach, rolls, combat crawl

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength and control
- Self-confidence
- Spatial awareness
- Core strength
- Curiosity and determination
- Problem-solving

Developmental Milestones: Physical/Gross Motor

Child claps hands

These observations involve the following developmental skills:

- Spatial awareness
- Self-awareness
- Eye-hand coordination
- Hand dexterity
- Self-confidence
- Sensory awareness

Developmental Milestones: Physical/Gross Motor

Child crawls

These observations involve the following developmental skills:

- Gross motor coordination
- Body and core strength
- Self-confidence
- Curiosity and determination
- Self-awareness
- Spatial awareness

Developmental Milestones: Physical/Gross Motor

Child pulls self to standing position

These observations involve the following developmental skills:

- Gross motor coordination
- Body and core strength
- Balance
- Self-confidence
- Spatial awareness

Developmental Milestones: Physical/Gross Motor

Child lowers self down from standing position

These observations involve the following developmental skills:

- Gross motor coordination
- Body strength
- Balance
- Self-confidence
- Spatial awareness

Developmental Milestones: Physical/Gross Motor

Child lifts head and chest while lying on stomach

These observations involve the following developmental skills:

- Gross motor control
- Self-confidence
- Spatial awareness
- Body Strength