

# Developmental Milestones: Emotional

*Child calms self using soothing behaviors*

**These observations involve the following developmental skills:**

- Self-awareness
- Emotional self-regulation
- Self-confidence
- Sensory awareness

# Developmental Milestones: Emotional

*Child turns and looks at adult when name is called*

**These observations involve the following developmental skills:**

- Self-awareness
- Auditory discrimination
- Emotional & social responsiveness
- Alertness

# Developmental Milestones: Emotional

*Child turns head or pushes away something unwanted*

**These observations involve the following developmental skills:**

- Self-awareness
- Visual discrimination
- Emotional & social responsiveness
- Alertness
- Self-confidence
- Communication

# Developmental Milestones: Emotional

*Child looks at and/or smiles at self in the mirror*

**These observations involve the following developmental skills:**

- Self-awareness
- Visual discrimination
- Self-confidence
- Emotional responsiveness

# Developmental Milestones: Emotional

*Child occupies self for short periods of time*

**These observations involve the following developmental skills:**

- Self-awareness
- Self-confidence
- Increasing interest in manipulating toys and objects
- Thinking, reasoning, & problem-solving
- Sensory awareness

## Developmental Milestones: Emotional

*Child begins to distinguish between tone of voice in adults  
(such as: happiness, excitement, and anger)*

**These observations involve the following developmental skills:**

- Self-awareness
- Interactions with others
- Auditory discrimination
- Recognition of voices/sounds
- Social and emotional responsiveness

# Developmental Milestones: Emotional

*Child asserts wants and needs in non-verbal and verbal ways*

**These observations involve the following developmental skills:**

- Self-awareness
- Thinking, reasoning, & problem-solving
- Visual discrimination
- Language and communication
- Self-confidence