



SPRING MARTIAL ARTS

Enroll Deadline Jan 19th

at: St Luke's Day School

Tuesdays

2:40-3:20pm -- part day students

3:30-4:10pm -- full day students

Learn blocks, kicks, punches, stances and self-defense techniques.
Improves coordination, strength & confidence. Self-defense is a skill for life.

- 3 yrs & up
- Uniforms Recommended. avail @ www.EnrichmentServices.com
- **Rank Testing in Dec & May**

-Child must be a student at this location & enrolled in a Threes, PreK or TK class to enroll

-Children in Twos classes & younger are not eligible

www.EnrichmentServices.com

Spring Semester: \$325

Classes Jan 22nd - May 3rd

Sample Class Vids

<https://youtu.be/rrIJMaNGuww>

<https://youtu.be/BPIS07Kychs>

https://youtu.be/mrCNpHl_h2w

<https://youtu.be/DcB2VPEP6Zg>

